

**Confirmation**  
**October 23**  
**Make up session**

**Confirmation**

Today we will think about the sacrament of confirmation. This sacrament is one of initiation. Together with baptism and eucharist, we are all initiated into the catholic community. As a community, we can work together to work for the kingdom of God. As a team, we can be stronger. We each bring our gifts and talents and are guided by the Holy Spirit. Today, we will think about how the Spirit guides us and how you will be strengthened at Confirmation.

Begin by reading the attached pages from The Catholic Faith Handbook, page 166, “A Short History of Confirmation.”

A few things to note:

- The sacrament of confirmation was instituted by Jesus himself.
- It is a sacrament of initiation along with baptism and eucharist
- In the first centuries of the church, these 3 sacraments were received at the same time. But, later, it was impossible for the bishop to perform all of the baptisms. So priests became the ministers of baptism and the sacrament of Confirmation was done later, when the Bishop could do it.
- Why a bishop? These sacraments of initiation join us to the universal church, which is why a bishop is the one who confirms.
- There are 2 effects of being confirmed. First, the bond with the church is strengthened. Second, the person is enriched with the Holy Spirit.
- Confirmed people experience a growth in the spiritual gifts of the Holy Spirit – wisdom, understanding, right judgment, courage, knowledge, reverence and wonder and awe. These gifts help us spiritually and they help us to serve others.
- Finally, we believe that the sacrament of confirmation leaves a spiritual mark on our souls. Because of this, confirmation can only be done once.

Discussion questions with your parent or sponsor:

- What or who is the Spirit to you?
- What does Jesus teach us about the role of the Spirit in the life of the Church?
- At your confirmation, you will be sealed with the Holy Spirit. What does this mean to you?
- What can you do in your life so that you can remember that you are always in the presence of the Holy Spirit. Try to think of specific examples.

# Gifts of the Holy Spirit

Complete the following on the Gifts of the Holy Spirit below.

## Wisdom

1. Define **Wisdom** using your own words and ideas
2. Read the Scripture passage related to Wisdom. (Ephesians 1:17-19)
3. Review this description of **Wisdom**:

With the gift of wisdom, we see God at work in our lives and in the world. For the wise person, the wonders of nature, historical events, and the ups and downs of our lives takes on a deeper meaning and purpose.

4. Come up with examples of how the gift of Wisdom can help youth today live as Christians,

## Understanding

1. Define **Understanding** using your own words and ideas
2. Read the Scripture passage related to Understanding. (John 16:13)
3. Review the description of **Understanding**:

With the gift of understanding, we comprehend how we need to live as a follower of Jesus. A person with understanding is not confused by all the conflicting messages in our culture about the right way to live.

4. Come up with examples of how the gift of **Understanding** can help youth today live as Christians,

## Right Judgment

1. Define **Right Judgment** using your own words and ideas
2. Read the Scripture passage related to Right Judgment.  
(1 Thessalonians 5:19-22)
3. Review the description of **Right Judgment**:  
With the gift of right judgment, we know the difference between right and wrong, and we choose to do what is right. A person with right judgment avoids sin and lives out the values taught by Jesus.
4. Come up with examples of how the gift of **Right Judgment** can help youth today live as Christians,

## Courage

1. Define **Courage** using your own words and ideas
2. Read the Scripture passage related to Courage. (Joshua 1:9)
3. Review the description of **Courage**:  
With the gift of courage, we overcome our fear and are willing to take risks as a follower of Jesus. A person with courage is willing to stand up for what is right in the sight of God, even if it means accepting rejection, verbal abuse or even physical harm and death.
4. Come up with examples of how the gift of **Courage** can help youth today live as Christians,

## Knowledge

1. Define **Knowledge** using your own words and ideas
2. Read the Scripture passage related to Knowledge. (Ephesians 3:18-19)
3. Review the description of **Knowledge**:  
With the gift of knowledge, we understand the meaning of God's revelation, especially expressed in the life and words of Jesus. A person with knowledge is always learning more about the Scriptures and Tradition.
4. Come up with examples of how the gift of **Knowledge** can help youth today live as Christians,

## Reverence

1. Define **Reverence** using your own words and ideas
2. Read the Scripture passage related to Reverence. (Romans 8:14-16)
3. Review the description of **Reverence**:  
With the gift of reverence – sometimes called piety – we have a deep sense of respect for God and the Church. A person with reverence recognizes our total reliance on God and comes before God with humility, trust, and love.
4. Come up with examples of how the gift of **Reverence** can help youth today live as Christians,

## Wonder and Awe

1. Define **Wonder and Awe** using your own words and ideas
2. Read the Scripture passage related to Wonder and Awe. (Psalm 33:8-9)

3. Review the description of **Wonder and Awe**:

With the gift of wonder and awe (fear of the Lord) we are aware of the glory and majesty of God. A person with wonder and awe knows that God is the perfection of all we desire; perfect knowledge, perfect goodness, perfect power, and perfect love.

4. Come up with examples of how the gift of **Wonder and Awe** can help youth today live as Christians.

When you are finished, please complete this form:

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